



**ANIMALS & US
ACADEMY**



ANIMALS AND US ACADEMY

2026

PROGRAMME CATALOGUE



SUITABLE FOR SCHOOL PROGRAMMES AND COMMUNITY OUTREACH INITIATIVES

Last Updated: Jan 2026

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We tap on **children's natural affinity and curiosity for nature's plants and animals** to provide enriching biocentric experiences for holistic development.



**Curated and taught by
veterinarians and animal
educators**



**Experiential learning and
hands-on activities**



**Inclusive programming:
Customised for different ages
and special needs**



**Aligned with MOE's & NEL
curriculum to include
development of life skills and
character-building**

Our Vision



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To develop the **next generation of stewards** of our natural world by **promoting connection, care and empathy** for all creatures great and small.



Our Mission

To raise the **animal literacy*** of every child and youth in Singapore, through the creation of **pivotal moments** and **igniting their interests** in animals and the natural world.

*knowledge and understanding of animals

Our Core Values

Welfare

Inclusivity

Stewardship

Empathy



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OUR TEAM

Our programmes are specially designed and run by **veterinarians and education professionals** to provide a unique experience for our young participants to discover the wonderful animal kingdom and the natural world.



Dr. Han Zi Yang (Veterinarian and Educator)
BSVc (Honours), University of Melbourne
Pet Food Therapist (TCVM)
Adjunct Lecturer at Singapore IHLs, MOE IRS Certified



Dr. Teo Boon Han (Veterinarian and Educator)
BVetMed, Royal Veterinary College in London
PGCert (Veterinary Education), PGDip (Animal Nutrition)
Fellow of Higher Education Academy UK
Pet and Wildlife Veterinarian
Adjunct Lecturer at Singapore IHLs, MOE IRS Certified



Dr. Denyse Khor (Veterinarian and Educator)
DVM (Distinction), University of Melbourne
Certified Aquatic Veterinarian
Fear Free Certified Veterinary Professional
Adjunct Lecturer at Singapore IHLs, MOE IRS Certified



Sherlyn Quah (Educator)
Psychology, University of Wollongong (Australia)
Experience in Zoo Education, MOE IRS Certified
Special Needs Trained
Psychological First Aid Trained

Our programmes are aligned with **Singapore's Education Frameworks** to encourage holistic development and education of children through quality interactions. Through the **Experiential Learning Approach**, we aim to instil in children compassion and empathy for all living things.

Preschool

Nurturing Early Learners (NEL) Framework

- **Core values:** Respect, Care, Responsibility, Honesty
- **Social and Emotional Competencies**
- **Discovery of the World**

Primary

21st Century Competencies & Core Values

- **Core values:** Respect, Care, Harmony, Responsibility
- **Social and Emotional Learning**

Youth

Education & Career Guidance (ECG)

- Discovering purpose
- **Exploring opportunities**
- **Lifelong learning**
- Contributing back to the **community and society**



OUR PARTNERS AND COLLABORATORS



Schools



Communities



Partners



OUR PARTNERS AND COLLABORATORS

"Thank you Animals & Us team for the furr-tastic programme, Petastic Youth! Our Young Adult Activities! (YAA!) members and caregivers had a paw-some time learning about rabbits, cats, and hamsters and of course, meeting our special furry friends.

We greatly appreciate your open communication, detailed organization, and flexible approach toward working together for the first time!"

Programme Organiser
Rainbow Centre



"The team was very helpful & understanding of my needs while working with my budget."

K1 Teacher
E-Bridge Preschool



Thank you to the team for bringing an unique experience and educational fun to CCF children. The thoughtfulness in looking out for each child is something we value in how AAU partners with us.

Programme Organiser
Children's Cancer Foundation



The team really did a great job from organizing the field trip for our K1 students. They were able to extend their knowledge of what they know about hamsters and find out more during the program. After they came back from school, they can't stop talking about how much they want to go for the field trip!

K1 Teacher
My First Skool



The children loved and enjoyed the activities. It was very child friendly.

K1 Teacher
MOE Kindergarten





PRESCHOOL PROGRAMMES



NEL Components:



Motor Skill
Development



Aesthetics and
Creative Expression



Social and Emotional
Development

Intended for:

Toddlers to Nursery
(2 to 4 years old)

Kindergarten
(5 to 6 years old)

Themes:

Responsible Pet Ownership



Veterinarians and What They Do


Wildlife, Biodiversity and
Conservation

Locations:

At your school
premises

At Canopy
Veterinary Centre

	Theme 1 Responsible Pet Ownership	Theme 2 Veterinarians and What They Do	Theme 3 Wildlife, Biodiversity and Conservation
45 mins Workshop	Recommended for: Toddlers and Nursery  'Friends of Pets' series: "Hippity Hop Class" (Rabbits) "Purrfect Class" (Cats) "Hamsterrific Class" (Hamsters)	Recommended for: Toddlers and Nursery Mini Vets	
1.5 hour Workshops	Recommended for: Kindergarteners  'Pets and Me' series: "Bunnies and Me" "Kitty and Me" "Hamsters and Me"	Recommended for: Kindergarteners A Day at the Vets (Learning Journey to a vet clinic)	Enquire for more details
2 to 3.5 hour Workshops	Recommended for: Kindergarteners All about Pets (Station-based)	Recommended for: Kindergarteners Little Vets (Station-based)	

 This programme includes observation or interaction with a live animal. The type and duration of interaction will vary depending on the animal's condition on the day, to ensure its welfare.

Note:




- Inclusion of a live animal is **optional** (based on your preference) and transportation of live animal to your organisation may incur additional costs.
- For option of no live animals, the portion can be substituted with more hands-on activities such as prop exploration and puppetry.



THEME 1: RESPONSIBLE PET OWNERSHIP

‘Friends of Pets’ Series

Workshops under this series:

 Hippity Hop Class |  Purrfect Class |  Hamsterrific Class

Toddlers to
Nursery

Learning Outcomes:

- Learn about their unique body features
- Explore the behaviour and diet of the animal
- Learn how to gently interact with or observe the animal

Key Activities:

- The use of puppetry
- Sensorial and hands-on learning with pet care items
- Interact with or observe a live animal *(optional)*



Duration:
45 mins to
1 hour

**Recommended
group size:**
10 to 15 pax

Estimated cost:
\$28/pax
(subject to change)

‘Pets and Me’ Series

Workshops under this series:

 Bunnies and Me |  Kitty and Me |  Hamsters and Me

Kindergarten

Learning Outcomes:

- Explore animal characteristics and behaviour in depth
- Learn what they need to happy and healthy
- Learn to gently interact with or observe the animal
- Understand and respect animal boundaries

Key Activities:

- Collaborative building of a home for rabbits/cats/hamsters
- Sensorial and hands-on learning with pet care items
- Interact with or observe a live animal *(optional)*



Duration:
1.5 hours

**Recommended
group size:**
15 pax

Estimated cost:
\$25/pax
(subject to change)



THEME 1: RESPONSIBLE PET OWNERSHIP

All About Pets

(Station-based programme)

- Suitable for larger group sizes of **50 pax and above**
- **Customisable** depending on location and stations
- **Station-based activities**, allowing participants to experience different activities at each station

Learning Outcomes:

- Learn about keeping pets happy and healthy
- Learn about what veterinarians do
- Learn how to safely interact with or observe the pet

Examples of stations:



Petcare Items



Storytelling



Live Animal



Poop Clean-up



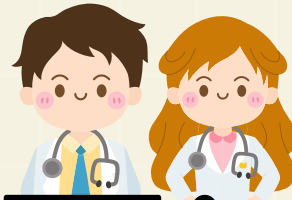
About animal
shelters

Duration:
2 to 3 hours

**Recommended
group size:**
50 pax and
above

Estimated cost:
*(depending on
stations)*

Kindergarten



THEME 2: VETERINARIANS AND WHAT THEY DO

Mini Vets

Toddlers to
Nursery

Learning Outcomes:

- Learn about what vets do and how they help pets

Key Activities:

- Puppetry
- Storytelling about veterinarians



Duration:
45 mins

**Recommended
group size:**
10 pax

Estimated cost:
\$28/pax
(subject to change)

A Day at the Vets

Learning Journey to a Vet Clinic

Kinder-
garten

Learning Outcomes:

- Learn about responsible pet ownership and experience the veterinary world through hands-on activities and role-play!

Key Activities:

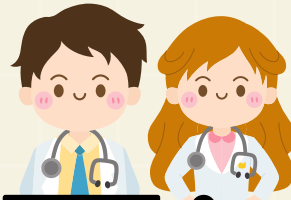
- Behind-the-scenes tour of a Vet Clinic
- Role-play as little vets in our Vet Play Area!



Duration:
1.5 hours

Location:
Canopy
Veterinary
Centre

**Recommended
group size:**
≤20 pax



THEME 2: VETERINARIANS AND WHAT THEY DO

Little Vets

(Station-based programme)

- Suitable for larger group sizes of **50 pax and above**
- **Customisable** depending on location and stations
- **Station-based activities**, allowing participants to experience different activities at each station

Learning Outcomes:

- Learn about what veterinarians do
- Learn about various tools that veterinarians use in their work

Duration:
2 to 3 hours

**Recommended
group size:**
50 pax and
above

Estimated cost:
(depending on
stations)

Examples of stations:

Kindergarten



Dress as a vet



Storytelling



Vet Q&A



X-Ray



Live Animal



Microscopy

all pupils...
with opportunities to excel.



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PRIMARY SCHOOL PROGRAMMES



Ministry of Education
(MOE)
Desired Outcomes:



Self-directed Learning



Confident Persons



Concerned Citizens

Programme styles:

Workshop

Assembly Talk

Recurring Sessions

Themes:

Responsible Pet Ownership

Singapore Wildlife


Exploring Animal Careers

Locations:

At your school
premises

At Canopy
Veterinary Centre

	Theme 1 Responsible Pet Ownership Recommended for: Primary 1 - 2	Theme 2 Singapore Wildlife Recommended for: Primary 3 - 4	Theme 3 Exploring Animal Careers Recommended for: Primary 5 - 6
Workshops	 All About Pets' Series "All About Rabbits" "All About Cats" "All About Hamsters"	All About Animals	All About Vets <i>(Incursion)</i> A Day at the Vets <i>(Excursion)</i>
Assembly Talks	All About Pets	Biodiversity in Singapore and Our Responsibilities	Veterinarians and What They Do
Recurring Sessions (eg: PALS)	Animal Pals <u>Topics include:</u> 1. All About Pets 2. Responsible Pet Ownership 3. Presentation/Learning Journey	Wildlife Pals <u>Topics include:</u> 1. Wildlife in Singapore 2. Flora, Habitats, Ecosystems 3. Presentation/Learning Journey	Animal Careers <u>Topics include:</u> 1. Veterinarians and What They Do 2. Animal Health and How They Affect Us 3. Presentation/Learning Journey

 This programme includes observation or interaction with a live animal. The type and duration of interaction will vary depending on the animal's condition on the day, to ensure its welfare.

Note:

- Inclusion of a live animal is **optional** (based on your preference) and transportation of live animal to your organisation may incur additional costs.
- For option of no live animals, the portion can be substituted with more hands-on activities such as prop exploration and puppetry.

Workshops

Responsible Pet Ownership

'All About Pets' Series

All About Rabbits | All About Cats | All About Hamsters

Learning Outcomes:

- Learn about their unique body features
- Explore the behaviour and diet of the animal
- Learn how to gently interact with or observe the animal

Key Activities:

- The use of puppetry
- Sensorial and hands-on learning with pet care items
- Interact with or observe a live animal (optional)



Duration:
1.5 hours

Recommended group size:
20 pax

Estimated cost:
\$28/pax
(subject to change)

Singapore Wildlife

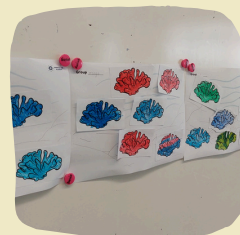
All About Animals

Learning Outcomes:

- Find out about native wildlife in Singapore and their characteristics
- Learn about how we can co-exist and share the space with these animals respectfully

Key Activities:

- Observe some real-life specimens
- Hands-on activities to learn about eco-systems and habitats



Duration:
45 mins

Recommended group size:
20 pax

Estimated cost:
\$28/pax
(subject to change)

Exploring Animal Careers

All About Vets

Learning Outcomes:

- Learn about veterinarians and what they do
- Explore the various fields that a veterinarian work in
- Learn about the many people that support vets in their work

Key Activities:

- Explore basic vet tools and their uses
- Q&A with a veterinarian



Duration:
45 mins

Recommended group size:
20 pax

Estimated cost:
\$30/pax
(subject to change)

Assembly Talks

Responsible Pet Ownership

All About Pets

Learning Outcomes:

- Learn about common pet animals in Singapore, and how to keep them happy and healthy at home
- Find out how to approach an animal respectfully



Duration:
45 mins

Recommended group size:
50 pax and above

Estimated cost:
\$348/session
(subject to change)

Singapore Wildlife

Biodiversity in Singapore and Our Responsibilities

Learning Outcomes:

- Find out about native wildlife in Singapore and their characteristics
- Learn about how we can co-exist and share the space with these animals respectfully



Duration:
45 mins

Recommended group size:
50 pax and above

Estimated cost:
\$348/session
(subject to change)

Exploring Animal Careers

Veterinarians and What They Do

Learning Outcomes:

- Learn about veterinarians and what they do
- Explore the various fields that a veterinarian work in
- Learn about the many people that support vets in their work



Duration:
45 mins

Recommended group size:
50 pax and above

Estimated cost:
\$348/session
(subject to change)

Recurring Sessions (eg: Programme for Active Learning/PAL)

Responsible Pet Ownership

Animal Pals

Learning Outcomes:

- Learn about common pet animals in Singapore, and how to keep them happy and healthy at home
- Learn about wildlife in Singapore

Key Activities:

- Assembly Talks
- Station-based learning (teacher facilitated)
- Class presentations/Learning Journey (optional)



Duration:
1.5 hours x
3 sessions

**Recommended
group size:**
50 pax and
above

Estimated cost:
Enquire with us!

Singapore Wildlife

Wildlife Pals

Learning Outcomes:

- Find out about native wildlife in Singapore and their characteristics
- Learn about how we can co-exist and share the space with these animals respectfully
- Learn about the habitats of these animals and how their eco-system functions

Key Activities:

- Assembly Talks
- Station-based learning (teacher facilitated)
- Class presentations/Learning Journey (optional)



Duration:
1.5 hours x
3 sessions

**Recommended
group size:**
50 pax and
above

Estimated cost:
Enquire with us!

Exploring Animal Careers

Animal Careers

Learning Outcomes:

- Learn about veterinarians and what they do
- Explore the various fields that a veterinarian work in
- Learn about common health problems in the animals around us

Key Activities:

- Assembly Talks
- Station-based learning (teacher facilitated)
- Class presentations/Learning Journey (optional)



Duration:
1.5 hours x
3 sessions

**Recommended
group size:**
50 pax and
above

Estimated cost:
Enquire with us!



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LEARNING JOURNEYS



CANOPY VETERINARY CENTRE



Take a Learning Journey to Canopy Veterinary Centre to learn about animals and vets from **within a real-life vet clinic!** Go behind the scenes in a vet clinic to see how the team help keep animals healthy.

Themes available:

- Responsible Pet Ownership
- Veterinarians and What They Do
- Singapore Wildlife
- Animal Careers



SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS (SPCA)



Take a Learning Journey to SPCA to learn about what **shelters do for animals**, and maybe meet the animals at the shelter! (Subjected to availability)

Themes available:

- Responsible Pet Ownership
- Respecting animals around us
- Animal Careers





SPECIAL NEEDS PROGRAMMES



Animals and Us Academy believes in **inclusion** for our programmes and **accessibility** to animal-related activities for all. If you would like to work with us to make the programme work for your group, please drop us an email.

Programme design process:

Understanding your

- Objectives
- Needs
- Group's abilities

Deciding on suitable
themes/activities

Collaborating to design
programme materials

Samples from past collaborations:

Group 1

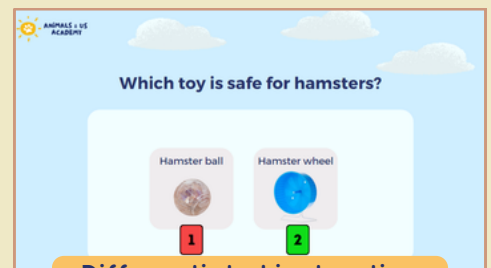
PETASTIC YOUTH SESSION 9
TODAY'S SCHEDULE:

	Item	Tick when done
1	Say Hello! 🐾	
2	I am feeling... 🧘	
3	Today's puzzle 🧩	
4	Guess the animal 🐾	
5	Watch video 📺	
6	Activity 1: Rabbit needs 🐰	
7	Break 🥤	
8	Activity 2: Rabbit behaviour 🐰	
9	Checklist 📋	
10	Say Goodbye! 🐾	

Visual Schedules



Simple visuals



Differentiated instruction



Scaffolding
experiences



Modified hands-on
experiences



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OTHER GROUPS/ PROGRAMMES



Build confidence in conducting your own programmes involving animals (without the use of animals)!
Learn from vets and other educators. Explore more transferrable skills to complement your teaching approaches and expertise.

Enquire with us to customise a training programme for your team!

Frequently Requested Topics/Services:



Puppetry as a Teaching Tool

How to include props and creative storytelling to engage children in learning about animals.



Fact checking animal content

Ensure all animal-related information shared is accurate and aligned with current veterinary and scientific knowledge.



Should we keep class pets?

Guide educators on responsible pet care to foster compassion and respect for all animals.



Encouraging empathy in children



BIRTHDAY PARTIES



Book a **private session** from our existing list of programmes or **customise a party** for your child's birthday!



Party games and animal-related crafts



Live animal interaction (optional)

EVENTS



Bring animal education to your community through hands-on activities and learning through play! Suitable for families and young children.



Educational Booths



Pet Health Checks



Talks



We collaborate with school clubs/co-curricular activities (CCAs) to support your existing programmes. Find your programme below, or email us to enquire!



Our programmes align with the following:



Scouts

- Animal Lover
- Conservator
- Naturalist



Brownies

- Pet Lover



Girls' Brigade

- Explorers' Programme



Girl Guides

- Aquarist
- Friends to Animals
- Naturalist



Boys' Brigade

- Explorers' Programme



Science Clubs

- Young Zoologist





NParks' Pets' Day Out



Self-guided booths



Experience a mock
vet clinic



Storytelling



Learning about
veterinary tools



Little Vets!
@ Children's Cancer Foundation



Educational sessions
@ MSF Children Homes



Multi-generation programme
@ Geylang Serai Community Club



Animal Biodiversity in Singapore [P3 and P4]



By the end of this lesson, you will be able to:

1. Identify some of the common land animals in Singapore parks
2. Appreciate and have a deeper understanding of land animals in Singapore

Co-develop SLS Package
with NIE Trainees





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Scan here to learn more!



www.animalsandusacademy.com



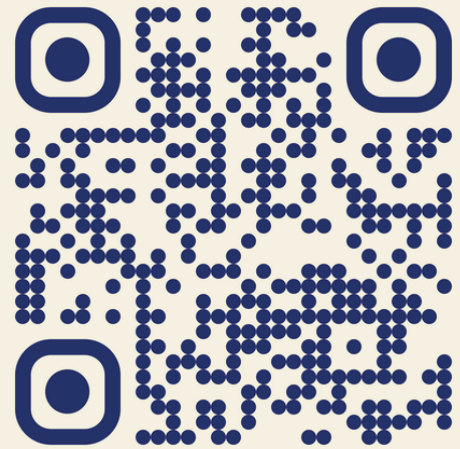
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Hi there!

Feel free to reach out for a
consultation or quotation

We hope to see you soon!

