



ANIMALS & US  
ACADEMY



ANIMALS AND US ACADEMY

2024

# PROGRAMME CATALOGUE



SUITABLE FOR SCHOOL PROGRAMMES AND COMMUNITY OUTREACH INITIATIVES

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# ABOUT US

We tap on **children's natural affinity and curiosity for nature's plants and animals** to provide enriching biocentric experiences for holistic development.



Curated and taught by  
veterinarians and animal  
educators



Experiential learning and  
hands-on activities



Inclusive programming:  
Customised for different ages  
and special needs



Aligned with MOE's & NEL  
curriculum to include  
development of life skills and  
character-building

# Our Vision



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To develop the **next generation of stewards** of our natural world by **promoting connection, care and empathy** for all creatures great and small.



# Our Mission

To raise the **animal literacy\*** of every child and youth in Singapore, through the creation of **pivotal moments** and **igniting their interests** in animals and the natural world.

\*knowledge and understanding of animals

# Our Core Values

Welfare

Inclusivity

Stewardship

Empathy



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# OUR TEAM

Our programmes are specially designed and run by **veterinarians and education professionals** to provide a unique experience for our young participants to discover the wonderful animal kingdom and the natural world.



**Dr. Han Zi Yang** (Veterinarian and Educator)  
BSVc (Honours), University of Melbourne  
Pet Food Therapist (TCVM)  
Adjunct Lecturer at Singapore IHLs, MOE IRS Certified



**Dr. Teo Boon Han** (Veterinarian and Educator)  
BVetMed, Royal Veterinary College in London  
PGCert (Veterinary Education), PGDip (Animal Nutrition)  
Fellow of Higher Education Academy UK  
Pet and Wildlife Veterinarian  
Adjunct Lecturer at Singapore IHLs, MOE IRS Certified



**Dr. Denyse Khor** (Veterinarian and Educator)  
DVM (Distinction), University of Melbourne  
Certified Aquatic Veterinarian  
Fear Free Certified Veterinary Professional  
Adjunct Lecturer at Singapore IHLs, MOE IRS Certified



**Sherlyn Quah** (Educator)  
Psychology, University of Wollongong (Australia)  
Experience in Zoo Education, MOE IRS Certified  
Special Needs Trained  
Psychological First Aid Trained



**Samantha Yap** (Educator)  
Child Psychology & Early Education, Ngee Ann Polytechnic  
Experience in Early Childhood Education  
Experience with children with special needs





Our programmes are aligned with **Singapore's Education Frameworks** to encourage holistic development and education of children through quality interactions. Through the **Experiential Learning Approach**, we aim to instil in children compassion and empathy for all living things.

## Preschool

### Nurturing Early Learners (NEL) Framework

- **Core values:** Respect, Care, Responsibility, Honesty
- **Social and Emotional Competencies**
- **Discovery of the World**

## Primary

### 21st Century Competencies & Core Values

- **Core values:** Respect, Care, Harmony, Responsibility
- **Social and Emotional Learning**

## Youth

### Education & Career Guidance (ECG)

- Discovering purpose
- **Exploring opportunities**
- **Lifelong learning**
- Contributing back to the **community and society**



# OUR PARTNERS AND COLLABORATORS



**ANIMALS & US  
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## Schools



**E-Bridge Pre-School**  
Member of EtonHouse International Education Group



## Communities



**ST. ANDREW'S  
AUTISM CENTRE**



**Children's  
Cancer  
Foundation**



People's Association



SENGKANG WEST  
YOUTH NETWORK



## Partners



# OUR PARTNERS AND COLLABORATORS

"Thank you Animals & Us team for the furr-tastic programme, Petastic Youth! Our Young Adult Activities! (YAA!) members and caregivers had a paw-some time learning about rabbits, cats, and hamsters and of course, meeting our special furry friends.

We greatly appreciate your open communication, detailed organization, and flexible approach toward working together for the first time!"

Programme Organiser  
Rainbow Centre



The team really did a great job from organizing the field trip for our K1 students. They were able to extend their knowledge of what they know about hamsters and find out more during the program. After they came back from school, they can't stop talking about how much they want to go for the field trip!

K1 Teacher  
My First Skool



"The team was very helpful & understanding of my needs while working with my budget."

K1 Teacher  
E-Bridge Preschool



Thank you to the team for bringing an unique experience and educational fun to CCF children. The thoughtfulness in looking out for each child is something we value in how AAU partners with us.

Programme Organiser  
Children's Cancer Foundation



The children loved and enjoyed the activities. It was very child friendly.

K1 Teacher  
MOE Kindergarten





# PRESCHOOL PROGRAMMES



## NEL Components:



Motor Skill  
Development



Aesthetics and  
Creative Expression



Social and Emotional  
Development

## Intended for:

Toddlers to Nursery  
(2 to 4 years old)

Kindergarten  
(5 to 6 years old)

## Themes:

Responsible Pet Ownership



Veterinarians and What They Do


Wildlife, Biodiversity and  
Conservation

## Locations:

At your school  
premises

At Canopy  
Veterinary Centre

	Theme 1 Responsible Pet Ownership	Theme 2 Veterinarians and What They Do	Theme 3 Wildlife, Biodiversity and Conservation
45 mins Workshop	Recommended for: Toddlers and Nursery   <b>'Friends of Pets' series:</b> "Hippity Hop Class" (Rabbits) "Purrfect Class" (Cats) "Hamsterrific Class" (Hamsters)	Recommended for: Toddlers and Nursery  <b>Mini Vets</b>	Enquire for more details
1.5 hour Workshops	Recommended for: Kindergarteners   <b>'Pets and Me' series:</b> "Bunnies and Me" "Kitty and Me" "Hamsters and Me"	Recommended for: Kindergarteners  <b>A Day at the Vets</b> (Learning Journey to a vet clinic)	
2 to 3.5 hour Workshops	Recommended for: Kindergarteners  <b>All about Pets</b> (Station-based)	Recommended for: Kindergarteners  <b>Little Vets</b> (Station-based)	

 There may be live animals involved

## Note:

- Inclusion of a live animal is **optional** and transport may incur additional costs.
- For option of no live animals, the portion can be substituted with more hands-on activities such as prop exploration and puppetry.



## THEME 1: RESPONSIBLE PET OWNERSHIP

### ‘Friends of Pets’ Series

Hippity Hop Class | Purrfect Class | Hamsterrific Class

Toddlers to  
Nursery

#### Learning Outcomes:

- Learn about their unique body features
- Explore the behaviour and diet of the animal
- Learn how to gently interact with or observe the animal

#### Key Activities:

- The use of puppetry
- Sensorial and hands-on learning with pet care items
- Interact with or observe a live animal *(optional)*



**Duration:**  
45 mins

**Recommended  
group size:**  
10 pax

**Estimated cost:**  
\$28/pax  
*(subject to change)*

### ‘Pets and Me’ Series

Bunnies and Me | Kitty and Me | Hamsters and Me

Kindergarten

#### Key Activities:

##### Bunnies/Hamsters and Me

- Collaborative building of a home for rabbits/hamsters
- Live animal interaction with rabbits/hamsters *(optional)*

##### Kitty and Me

- Sensory play with food and husbandry props
- Live animal interaction with cats *(optional)*



**Duration:**  
1.5 hours

**Recommended  
group size:**  
15 pax

**Estimated cost:**  
\$25/pax  
*(subject to change)*





## THEME 1: RESPONSIBLE PET OWNERSHIP

### All About Pets (Station-based programme)

- Suitable for larger group sizes of **50 pax and above**
- **Customisable** depending on location and stations
- **Station-based activities**, allowing participants to experience different activities at each station

#### Learning Outcomes:

- Learn about keeping pets happy and healthy
- Learn about what veterinarians do
- Learn how to safely interact with or observe the pet

**Duration:**  
2 to 3 hours

**Recommended  
group size:**  
50 pax and  
above

**Estimated cost:**  
(depending on  
stations)

#### Examples of stations:

Kinder-  
garten



Petcare Items



Storytelling



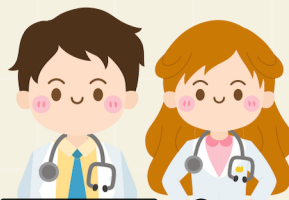
Live Animal



Poop Clean-up



About animal  
shelters



## THEME 2: VETERINARIANS AND WHAT THEY DO

### Mini Vets

Toddlers to  
Nursery

#### Learning Outcomes:

- Learn about what vets do and how they help pets

#### Key Activities:

- Puppetry
- Storytelling about veterinarians



**Duration:**  
45 mins

**Recommended  
group size:**  
10 pax

**Estimated cost:**  
\$28/pax  
(subject to change)

### A Day at the Vets

Learning Journey to a Vet Clinic

Kinder-  
garten

#### Learning Outcomes:

- Learn about pets and how vets help keep them healthy

#### Key Activities:

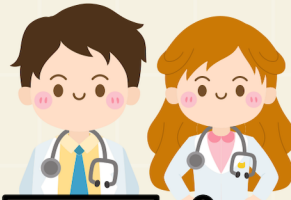
- Vet Clinic Tour
- Role play as vets!



**Duration:**  
2 hours

**Recommended  
group size:**  
10 pax

**Estimated cost:**  
\$25/pax  
(subject to change)



## THEME 2: VETERINARIANS AND WHAT THEY DO

### Little Vets

(Station-based programme)

- Suitable for larger group sizes of **50 pax and above**
- **Customisable** depending on location and stations
- **Station-based activities**, allowing participants to experience different activities at each station

#### Learning Outcomes:

- Learn about what veterinarians do
- Learn about various tools that veterinarians use in their work

**Duration:**  
2 to 3 hours

**Recommended  
group size:**  
50 pax and  
above

**Estimated cost:**  
(depending on  
stations)

#### Examples of stations:

Kinder-  
garten



Dress as a vet



Storytelling



Vet Q&A



X-Ray



Live Animal



Microscopy





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# PRIMARY SCHOOL PROGRAMMES



Ministry of Education  
(MOE)  
Desired Outcomes:



Self-directed Learning



Confident Persons



Concerned Citizens

## Programme styles:

Workshop

Assembly Talk

Recurring Sessions

## Themes:

Responsible Pet Ownership

Singapore Wildlife


Exploring Animal Careers

## Locations:

At your school  
premises

At Canopy  
Veterinary Centre

Learning Journeys

	<b>Theme 1</b> Responsible Pet Ownership Recommended for: Primary 1 - 2	<b>Theme 2</b> Singapore Wildlife Recommended for: Primary 3 - 4	<b>Theme 3</b> Exploring Animal Careers Recommended for: Primary 5 - 6
Workshops	 <b>All About Pets' Series</b> "All About Rabbits" "All About Cats" "All About Hamsters"	<b>All About Animals</b>	<b>All About Vets</b>
Assembly Talks	<b>All About Pets</b>	<b>Biodiversity in Singapore and Our Responsibilities</b>	<b>Veterinarians and What They Do</b>
Recurring Sessions (eg: PALS)	<b>Animal Pals</b> 1. All About Pets 2. Responsible Pet Ownership 3. Presentation/Learning Journey	<b>Wildlife Pals</b> 1. Wildlife in Singapore 2. Flora, Habitats, Ecosystems 3. Presentation/Learning Journey	<b>Animal Careers</b> 1. Veterinarians and What They Do 2. Animal Health and How They Affect Us 3. Presentation/Learning Journey



There may be live animals involved

Note:

- Inclusion of a live animal is optional and transport may incur additional costs.
- Programmes can be modified/customised to fit your age group accordingly.



## Workshops

### Responsible Pet Ownership

#### 'All About Pets' Series

All About Rabbits | All About Cats | All About Hamsters

##### Learning Outcomes:

- Learn about their unique body features
- Explore the behaviour and diet of the animal
- Learn how to gently interact with or observe the animal

##### Key Activities:

- The use of puppetry
- Sensorial and hands-on learning with pet care items
- Interact with or observe a live animal (optional)



**Duration:**  
45 mins

**Recommended group size:**  
20 pax

**Estimated cost:**  
\$28/pax  
(subject to change)

### Singapore Wildlife

#### All About Animals

##### Learning Outcomes:

- Find out about native wildlife in Singapore and their characteristics
- Learn about how we can co-exist and share the space with these animals respectfully

##### Key Activities:

- Observe some real-life specimens
- Hands-on activities to learn about eco-systems and habitats



**Duration:**  
45 mins

**Recommended group size:**  
20 pax

**Estimated cost:**  
\$28/pax  
(subject to change)

### Exploring Animal Careers

#### All About Vets

##### Learning Outcomes:

- Learn about veterinarians and what they do
- Explore the various fields that a veterinarian work in
- Learn about the many people that support vets in their work

##### Key Activities:

- Explore basic vet tools and their uses
- Q&A with a veterinarian



**Duration:**  
45 mins

**Recommended group size:**  
20 pax

**Estimated cost:**  
\$30/pax  
(subject to change)

## Assembly Talks

### Responsible Pet Ownership

#### All About Pets

##### Learning Outcomes:

- Learn about common pet animals in Singapore, and how to keep them happy and healthy at home
- Find out how to approach an animal respectfully



**Duration:**  
45 mins

**Recommended group size:**  
50 pax and above

**Estimated cost:**  
\$348/session  
(subject to change)

### Singapore Wildlife

#### Biodiversity in Singapore and Our Responsibilities

##### Learning Outcomes:

- Find out about native wildlife in Singapore and their characteristics
- Learn about how we can co-exist and share the space with these animals respectfully



**Duration:**  
45 mins

**Recommended group size:**  
50 pax and above

**Estimated cost:**  
\$348/session  
(subject to change)

### Exploring Animal Careers

#### Veterinarians and What They Do

##### Learning Outcomes:

- Learn about veterinarians and what they do
- Explore the various fields that a veterinarian work in
- Learn about the many people that support vets in their work



**Duration:**  
45 mins

**Recommended group size:**  
50 pax and above

**Estimated cost:**  
\$348/session  
(subject to change)



## Recurring Sessions

(eg: Programme for Active Learning/PAL)

### Responsible Pet Ownership

#### Animal Pals

##### Learning Outcomes:

- Learn about common pet animals in Singapore, and how to keep them happy and healthy at home
- Learn about wildlife in Singapore

##### Key Activities:

- Assembly Talks
- Station-based learning (teacher facilitated)
- Class presentations/Learning Journey (optional)



##### Duration:

1.5 hours x  
3 sessions

##### Recommended group size:

50 pax and above

##### Estimated cost:

Enquire with us!

### Singapore Wildlife

#### Wildlife Pals

##### Learning Outcomes:

- Find out about native wildlife in Singapore and their characteristics
- Learn about how we can co-exist and share the space with these animals respectfully
- Learn about the habitats of these animals and how their eco-system functions

##### Key Activities:

- Assembly Talks
- Station-based learning (teacher facilitated)
- Class presentations/Learning Journey (optional)



##### Duration:

1.5 hours x  
3 sessions

##### Recommended group size:

50 pax and above

##### Estimated cost:

Enquire with us!

### Exploring Animal Careers

#### Animal Careers

##### Learning Outcomes:

- Learn about veterinarians and what they do
- Explore the various fields that a veterinarian work in
- Learn about common health problems in the animals around us

##### Key Activities:

- Assembly Talks
- Station-based learning (teacher facilitated)
- Class presentations/Learning Journey (optional)



##### Duration:

1.5 hours x  
3 sessions

##### Recommended group size:

50 pax and above

##### Estimated cost:

Enquire with us!





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# LEARNING JOURNEYS



# CANOPY VETERINARY CENTRE



Take a Learning Journey to Canopy Veterinary Centre to learn about animals and vets from **within a real-life vet clinic!** Go behind the scenes in a vet clinic to see how the team help keep animals healthy.

## Themes available:

- Responsible Pet Ownership
- Veterinarians and What They Do
- Singapore Wildlife
- Animal Careers



# SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS (SPCA)



Take a Learning Journey to SPCA to learn about what **shelters do for animals**, and maybe meet the animals at the shelter! (Subjected to availability)

## Themes available:

- Responsible Pet Ownership
- Respecting animals around us
- Animal Careers







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# SPECIAL NEEDS PROGRAMMES





Animals and Us Academy believes in **inclusion** for our programmes and **accessibility** to animal-related activities for all. If you would like to work with us to make the programme work for your group, please drop us an email.

## Programme design process:

Understanding your

- Objectives
- Needs
- Group's abilities

Deciding on suitable  
themes/activities

Collaborating to design  
programme materials

## Samples from past collaborations:

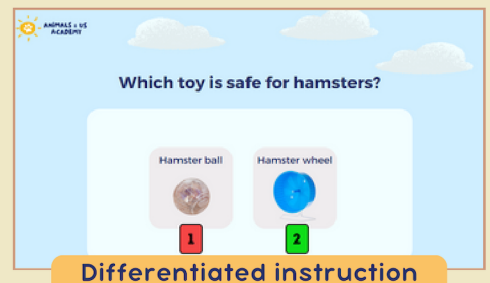
PETASTIC YOUTH SESSION 9  
Group 1  
**TODAY'S SCHEDULE:**

	Item	Tick when done
1	Say Hello! 🐾	
2	I am feeling... 🧘	
3	Today's puzzle 🧩	
4	Guess the animal 🐾	
5	Watch video 📺	
6	Activity 1: Rabbit needs 🐰	
7	Break 🍷	
8	Activity 2: Rabbit behaviour 🐰	
9	Checklist 📋	
10	Say Goodbye! 🐾	

Visual Schedules



Simple visuals



Differentiated instruction



Scaffolding  
experiences



Modified hands-on  
experiences



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# OTHER GROUPS/ PROGRAMMES





Build confidence in conducting your own programmes involving animals (without the use of animals)!

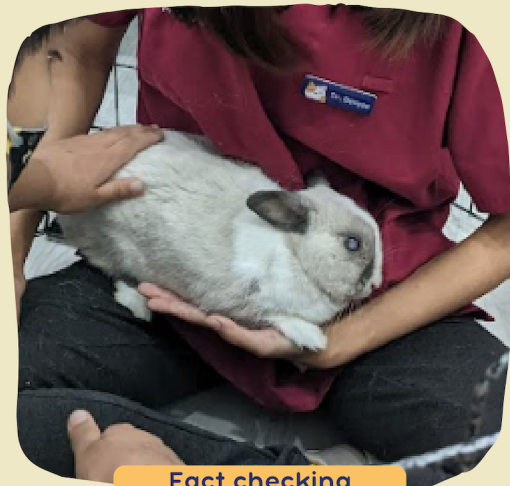
Learn from vets and other educators. Explore more transferrable skills to complement your teaching approaches and expertise.

**Enquire with us to customise a training programme for your team!**

## Frequently requested topics:



Puppetry as a teaching tool



Fact checking animal content



Should we keep class pets?



Encouraging empathy in children



# BIRTHDAY PARTIES

Book a **private session** from our existing list of programmes or **customise a party** for your child's birthday!



Party games and  
animal-related crafts



Live animal interaction  
(optional)

# EVENTS

Bring animal education to your community through hands-on activities and learning through play! Suitable for families and young children.



Educational Booths



Pet Health Checks



Talks



# SPECIAL INTEREST GROUPS

We collaborate with school clubs/co-curricular activities (CCAs) to support your existing programmes. Find your programme below, or email us to enquire!



## Our programmes align with the following:



### Scouts

- Animal Lover
- Conservator
- Naturalist



### Brownies

- Pet Lover



### Girls' Brigade

- Explorers' Programme



### Girl Guides

- Aquarist
- Friends to Animals
- Naturalist



### Boys' Brigade

- Explorers' Programme



### Science Clubs

- Young Zoologist





# PAST COLLABORATIONS & PROJECTS



## NParks' Pets' Day Out



Self-guided booths



Experience a mock vet clinic



Storytelling



Learning about veterinary tools





**Little Vets!**  
@ Children's Cancer Foundation



**Educational sessions**  
@ MSF Children Homes



**Multi-generation programme**  
@ Geylang Serai Community Club



**Animal Biodiversity in Singapore [P3 and P4]**



By the end of this lesson, you will be able to:

1. Identify some of the common land animals in Singapore parks
2. Appreciate and have a deeper understanding of land animals in Singapore

**Co-develop SLS Package**  
with NIE Trainees





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Scan here to learn more!



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[@animalsandusacademy](https://www.instagram.com/animalsandusacademy)



[info@vettrustsingapore.com](mailto:info@vettrustsingapore.com)



Hi there!

Feel free to reach out for a  
consultation or quotation

We hope to see you soon!

